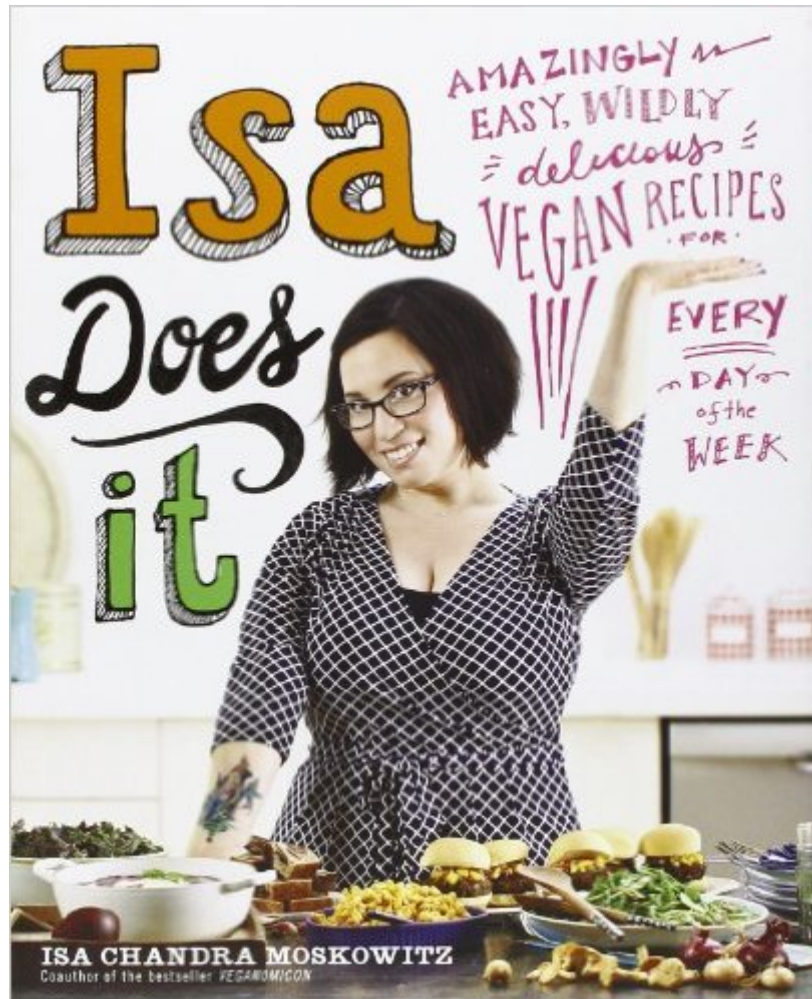


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Isa Does It: Amazingly Easy, Wildly Delicious Vegan Recipes For Every Day Of The Week



Synopsis

Recipes, tips, and strategies for easy, delicious vegan meals every day of the week, from America's bestselling vegan cookbook author. How does Isa Chandra Moskowitz make flavorful and satisfying vegan meals from scratch every day, often in 30 minutes or less? It's easy! In *ISA DOES IT*, the beloved cookbook author shares 150 new recipes to make weeknight cooking a snap.

Mouthwatering recipes like Sweet Potato Red Curry with Rice and Purple Kale, Bistro Beet Burgers, and Summer Seitan Saute with Cilantro and Lime illustrate how simple and satisfying meat-free food can be. The recipes are supermarket friendly and respect how busy most readers are. From skilled vegan chefs, to those new to the vegan pantry, or just cooks looking for some fresh ideas, Isa's unfussy recipes and quirky commentary will make everyone's time in the kitchen fun and productive.

Book Information

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Customer Reviews

When I got *Veganomicon*, I heard a lot of complaints about how complex it was. Being a cooking enthusiast, it was not a big deal. *Isa Does It!* resolves any 'complexity' issues. The recipes are easy, many can be done quickly, and "weirdo vegan ingredients" are kept to a minimum. If you can soak a cup of cashews, you got it made (and if you can't, well, then it's high time you did). It won't kill you to familiarize yourself with a slab of tofu, either. Anyway, within 1 week I probably logged 30 hours in the kitchen (yes, I am gainfully employed). *Yakisoba - quick, easy and a new go-to. Tastes great the next day, too! *Seitan & Broccoli with Pantry BBQ pulled together quickly and exceeded my taste bud expectations (I used packaged seitan, although I usually make my own). *Beet Bistro Burger: Nothing makes me happier than finding a new use for beets, and the Bistro Beet burger was not

only tasty - but pretty. Yes - aesthetics count.*The Malai Kofta in Korma sauce is the last nail in the coffin for me in never going out to eat Indian again (and I used to 2-3x/week). Plus, she's considerate enough to ensure there is enough leftover sauce to slather on everything.*Finally, the Glam Chowder is worth the price of the book alone. Really.A word on Isa's baking prowess. With the exception that us highlanders living at altitude have to compensate the leavening, (143 million people on the planet live above sea level, but I digress), I can say unequivocally, that Isa's baking recipes give the most consistent end product of any recent vegan cookbook I've encountered. Banana marble loaf. Enuf said.From the 'retired' graphic designer perspective, the book is beautiful. It is on matte paper, great color theme, and the fonts are whimsical and easy to read!

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